

ONLINE SAFETY AT HAYFIELD CROSS

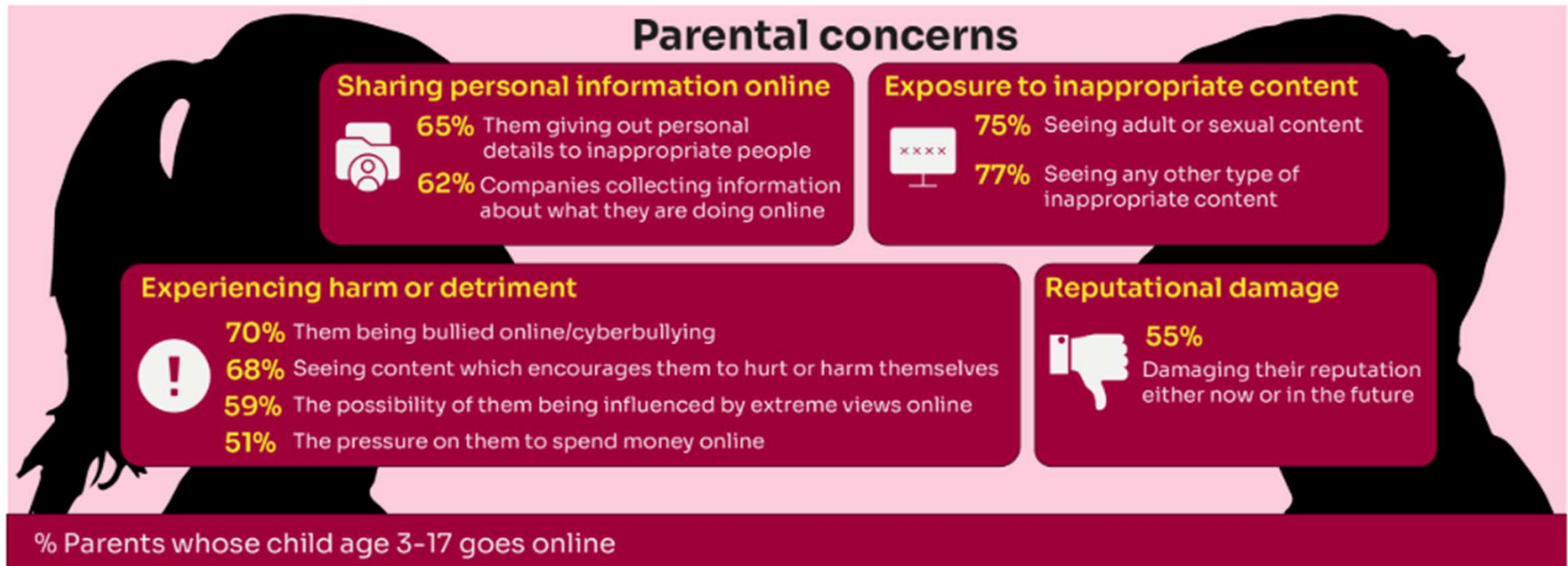
Parents Workshop June 2025



Parent Surveys - Key findings

- In our school, most children use a tablet or iPad to access the internet at home followed by children borrowing an adult's device.
- 97.3% of parents/carers have set up security settings on the devices their children are using.
- During the week, your children are spending 1 - 2 hours per night online.
- 35% of children are spending 2 - 3 hours online each day at the weekend.
- 97.5% talk to your child(ren) about being safe online.
- 95% of you have rules in your homes about using the internet or being online.
- 95% of your children use YouTube as the primary source of social media.
- 20% of you would like more information about how to support your child with talking to you about an online safety concern.

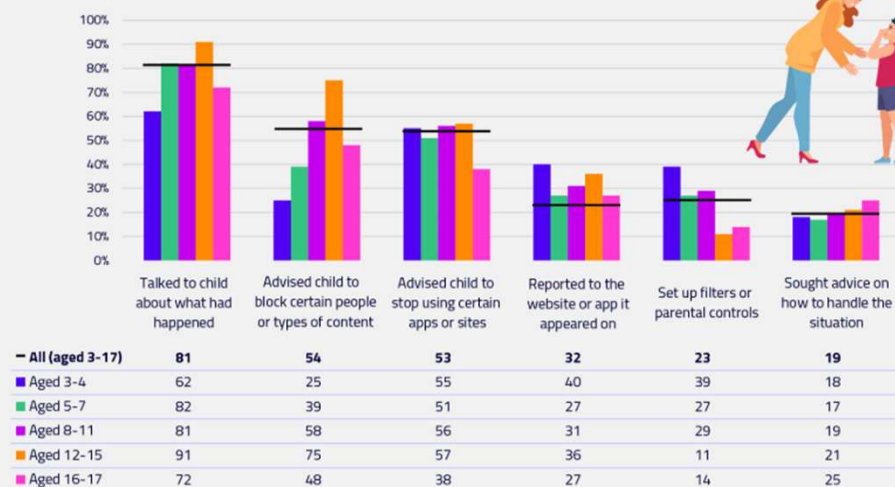
Summary of parental concerns (3 – 17 yr-olds)



Are you **CONFIDENT** to **TALK TO YOUR CHILD**? Is your child confident to **TALK TO YOU**?

1 in 5 parents said their child told them about something they'd seen online that scared or upset them

Action taken (%)



WHAT WOULD YOU DO?

Are there any areas you would not feel confident or comfortable to discuss?

Encouragingly the Upper Key Stage 2 children at Hayfield Cross nearly all said they would feel happy to talk to a parent/trusted adult if an issue arose.

Younger children are more likely to tell someone if they see something worrying or nasty online:

- Two-thirds of 8-11-year-olds say that they would always tell someone (66%)
- Almost half of 12-15s and 16-17s (49% and 45% respectively).

YOU don't need to be an EXPERT

- **It's your choice** - Don't let others dictate when the right time is to use tech. stand firm with your beliefs and boundaries.
- **Stay involved** – make time to communicate, talk about what they are doing. What do they enjoy? What makes them laugh?
- **Don't quiz them** – have regular conversations. What's their favourite app? What is the best site to learn new things from?
- **Join in** - watch them play a game and join in. Who are they playing with? Do they know the other players?
- **'Show me how...'** – ask their advice to help you with your privacy settings, who you should add as a friend, are there any risks?
- **Lead by example** - children learn as much from watching as they do from being told not to do something, so model good behaviour
- **Reassure them** - tell them that they won't get in trouble and that you are always there to help.

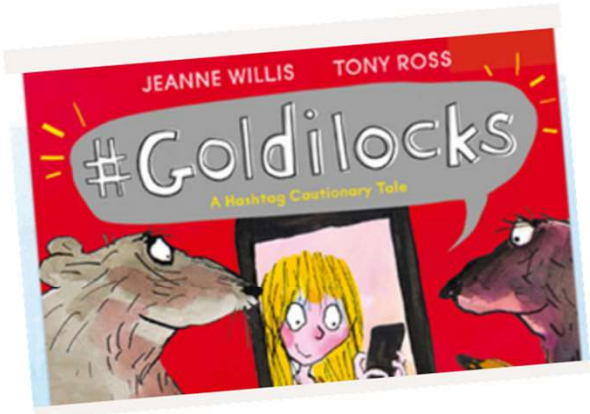


TALKING TO CHILDREN ABOUT LIFE ONLINE

Find conversation starters, story time ideas and top tips to reinforce key safety messages at parentsafe.lgfl.net



Digital 5 A Day
Simple steps to a balanced digital diet and better wellbeing



Discussion Guide

Thorn have 18 topic-based discussion guides with questions to help start conversations!

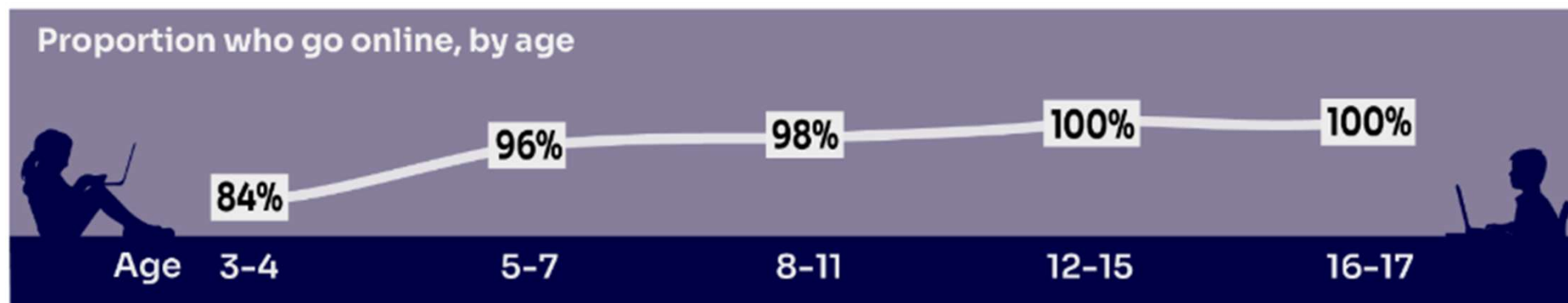


PARENTSAFE

Keeping your children safe: online & beyond



HOW MUCH DO YOU KNOW about your child's life online?



Almost all children (96%) aged 3 – 17 went online in 2023, highlighting the centrality of the internet in their lives:

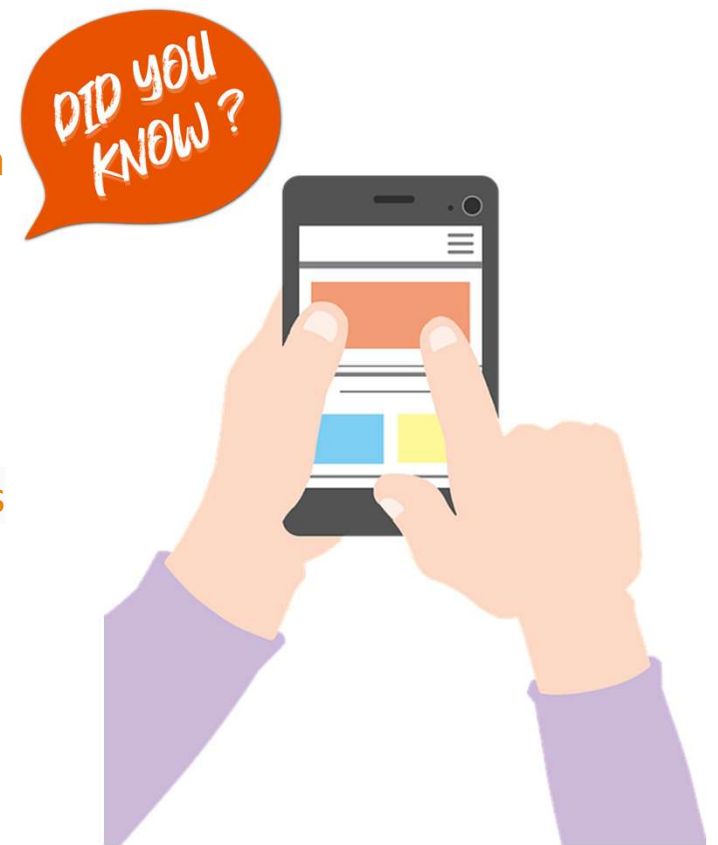
- Younger children commonly use **tablets** to go online
- Older children are more likely to use **mobile phones**

*DID YOU
KNOW?*

Have you set up parental **CONTROLS/PRIVACY SETTINGS** for **ALL DEVICES** and **NETWORKS**?

- Controls have to be set up on both the **broadband connection** AND **each individual device**
- These **do not come as standard** so it's worth checking
- They are important because they allow you to:
 - **Block and filter** upsetting or inappropriate content or sites
 - **Plan what time and how long** your child can go online for

[Parental controls and privacy settings guides | Internet Matters](#)



DID YOU
KNOW?

Parental control apps like [Google Family Link](#), [Screen Time](#) and [Microsoft Family](#) can let you set limits across devices, apps and platforms

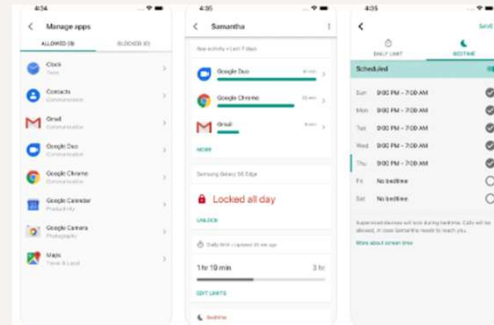
SAFE SETTINGS, CONTROLS & MONITORING

Apple, Android and Microsoft have tools to help you control what younger children can use and how long for. Click the images below for details. Once they are older and have your trust, the same tools can help avoid arguments and help them learn to self-regulate (how long have they really been on insta today? have they put down the phone at all in the last week?).



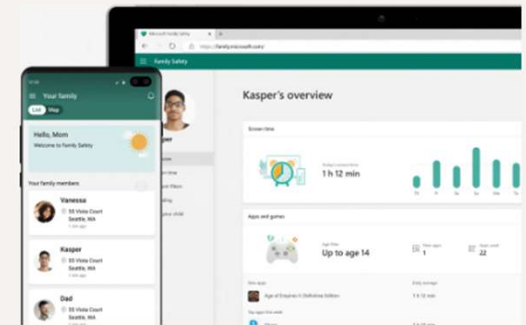
Apple Screen Time

Great for both parental controls and teen self-regulation



Google Family Link

Digital Wellbeing is the next step for the older ones after Family Link



Microsoft Family Safety

There are no self-regulation features for older teens, but Family Safety is great for the younger ones

Visit parentsafe.lgfl.net/ for additional advice and tips on settings and controls for all

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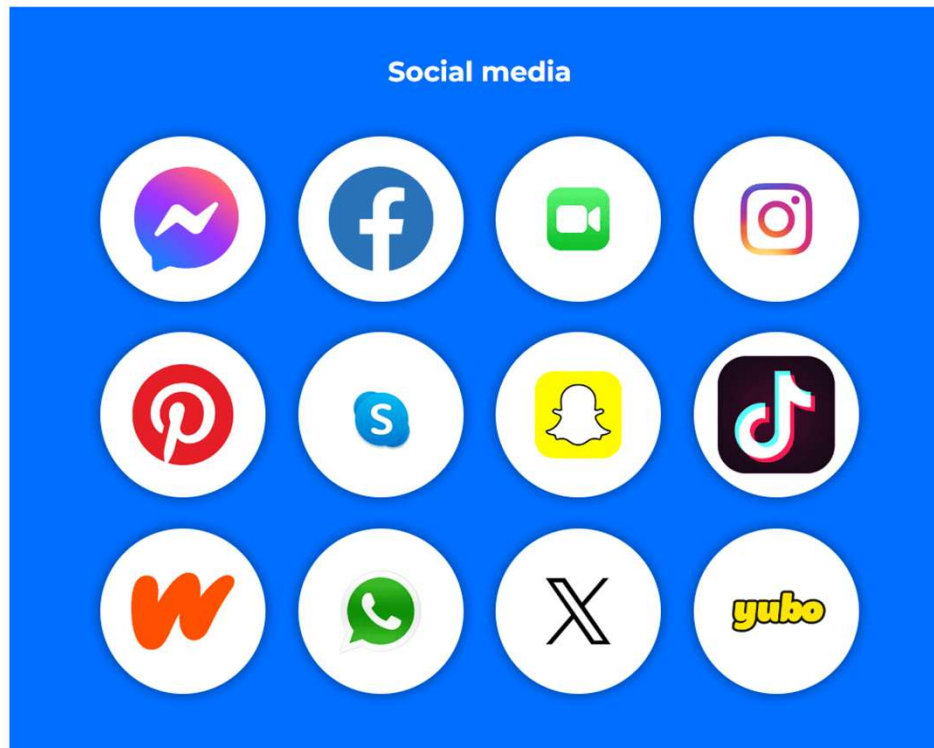
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Do YOU know HOW TO REPORT to apps / sites?

Step-by-step Guides

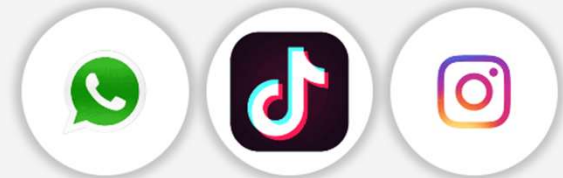
Click on the guides for step-by-step instructions to set controls on popular devices.



Internet Matters has helpful guides for social media apps and sites at

internetmatters.org/parental-controls/social-media

Popular Parental control guides



[Search our step by step guide](#)

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Age Ratings

Undoubtedly, using devices and technology can offer a range of educational opportunities as well as allowing your children to have some well-deserved down time.

Even if your child is the correct age, you may make the decision that the game or app is still not something you wish for them to use.

NSPCC

NSPCC - Techosaurus

There are lots of great resources for starting conversations about online safety. One of these is Techosaurus from the NSPCC.

[Techosaurus Saves the School! - YouTube](#)



These are the key messages that we share about being safe online at Hayfield Cross.

Age Restrictions for Social Media Platforms

13

is the minimum age for account holders on these social media sites and apps.



X (formerly Twitter)



Facebook



Instagram



Pinterest



Messenger



TikTok



Discord



Snapchat



Twitch



Yubo



Reddit



YouTube



BeReal



WhatsApp

16

is the minimum age for account holders on these social media sites and apps.



Nintendo Online Account



Vimeo



Tumblr

18

is the minimum age for account holders on these social media sites and apps.



Xbox Live Account



PSN Online Account



Age Restrictions for Video Games

3

PEGI 3

Games with a PEGI 3 rating are suitable for all ages.

They may have:

child-like settings

comical violence

language more suitable for young children

For example:

Just Dance

FIFA

DiRT Rally

Animal Crossing

7

PEGI 7

Games with a PEGI 7 rating are suitable for ages 7 and above.

They may have:

some scenes or sounds that could be frightening

mild forms of violence (non-realistic or with no detail)

For example:

Minecraft

Roblox

Among Us

Lego Series

12

PEGI 12

Games with a PEGI 12 rating are suitable for ages 12 and above.

They may have:

violence of a slightly graphic nature involving fantasy characters

suggestive activities or language

gambling

mild bad language

For example:

Sims

Fortnite

Dragon Ball FighterZ

Super Smash Bros. Ultimate

16

PEGI 16

Games with a PEGI 16 rating are suitable for ages 16 and above.

They may have:

violence and adult content that looks like real life

bad language

scenes demonstrating the use of tobacco, alcohol or illegal substances

For example:

Marvel's Avengers

Battlefield 2042

Halo Infinite

Marvel's Spider-Man

What about WHATSAPP?

Do you know the **minimum age** to use this? What are the **risks**?



- Unwanted contact** to contact somebody on WhatsApp, all you need is their phone number, which could expose you to unwanted messages or calls
- Inappropriate content** messages are end-to-end encrypted which means that the content cannot be monitored. This means that your child could see or hear harmful or upsetting content.
- Location sharing** live location feature means that your child could reveal their current location to others
- Cyberbullying** children could be bullied, feel left out or deliberately excluded or removed from groups
- Oversharing** privacy features, such as disappearing and 'view once' messages, might mean that your child feels safe to reveal private or risky information or images. However, there is always a risk that this could be copied and shared



What can you do?

WhatsApp safety guide for parents

internet
matters.org

13+

WhatsApp's
minimum age
in the UK

58%






Kids aged 3-17
who use
WhatsApp

37%

Kids under 13
who use
WhatsApp



5 tips to keep kids safe on **WhatsApp**

-  **1 Review privacy settings** WhatsApp has a range of privacy and security settings to keep users safe. Customise groups, app access, live location and more.
-  **2 Customise contacts** Show your child how to report and block unwanted contacts. Then, work with them to add their friends and family. Review and talk about their contacts regularly.
-  **3 Talk about personal information** Make sure your child understands what personal information is. Talk about the importance of keeping that information private on WhatsApp.
-  **4 Show them where to get support** If something goes wrong or they see something worrying on WhatsApp, make sure they know to come to you, and talk about other sources of support.
-  **5 Check in regularly** Once you've done all of the above, check in with them regularly to review settings and how they use WhatsApp.

LGfL 

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Visit <https://www.internetmatters.org/resources/whatsapp-safety-a-how-to-guide-for-parents/#whatsapp-safety-tips>

Online Safety Pages

The online safety pages on our school website can be a source of information when discussing online safety with your children at home. There are stories and videos that you can share together as a family as well as containing parent guides to many games, apps and technology.

