



Be Brave Curriculum

INTENT – IMPLEMENTATION – IMPACT

Physical Education

INTENT

It is our intent that the Physical Education curriculum will inspire all pupils to enjoy, succeed and excel in competitive sport and other physically-demanding activities. We will provide opportunities for pupils to become physically confident in a way, which supports their health and fitness. We will provide our children with opportunities to compete in sport and other activities to build character and help to embed core values such as fairness and respect. We will strive to ensure that every child exceeds their potential and the impact of our PE curriculum will allow our children to lead active lives. As part of this we will provide the children with plenty of opportunities to allow them to enjoy communicating, collaborating and competing. Inspired by our school vision (Joshua 1:9), we believe our curriculum will allow our children to be brave in embracing physical activity in their everyday lives and seek new opportunities to create a healthy lifestyle.

IMPLEMENTATION

- One Real PE session a week for each year group, focussing on the basic agility, balance and co-ordination skills necessary to achieve in all areas of the sporting curriculum
- We use the Real Gym scheme one term a year to focus on Gymnastics skills such as developing flexibility, strength, technique, control and balance.
- Supplying Real PE training for staff and regularly auditing the PE cupboard to ensure it is fully equipped for all Real PE and sports lessons and that there is enough for each child to be able to engage fully.
- One sports based session a week, applying the Real PE skills and learning the rules of new sports such as football, netball, tag rugby, hockey, cricket, tennis, athletics.
- Swimming for Year 4 classes in Spring term. Year 5 students who were below the expected level in the previous year also attend. To ensure all children have the opportunity to learn to swim competently, confidently and proficiently.
- The children will engage in competitive and co-operative physical activities, in a range of challenging situations. Each year, the children will take part in a variety of games, gymnastics and dance activities.
- Intra-school sports using the school houses (KS2) or coloured groups (KS1).
- KSSP organised inter-school tournaments (virtual and real).
- Before and after school clubs with varied sports.
- PE council with one member from each class for half termly pupil voice.
- A weekly mile to encourage fitness and stamina.
- Sports day once a year as a Buzz Point involving all classes to encourage show casing skills and promoting a healthy attitude towards competition.
- Regular monitoring of high quality teaching and learning in PE through observations and staff and pupil voices.

IMPACT

- We aim to give children the physical literacy, emotional and thinking skills to achieve in PE, Sport and life.
- In Key Stage 1, the children will develop fundamental skills, are increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.
- In Key Stage 2, the children have continued to apply and develop a broader range of skills, learning how to use them in different ways and link them to make actions and sequences in movement.
- **All** children have an enjoyment and confidence in taking part in PE inspiring them to lead a healthy, active lifestyle.
- Children have acquired the skills required to achieve sporting success both individually and working with others.
- Children know the rules of the most common sports in order to be prepared for secondary school.
- Children have experienced friendly and competitive tournaments both intra and inter, and learned respectable competition attributes.
- Children have increased stamina and fitness levels
- Provided opportunities for children to experience a range of different sports in order to find a sport that is right for them